

Videos

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BRENDAN BARRY HIGHLIGHT



U8 RUMSON HIGHLIGHT VIDEO



U8 BASKETBALL PHOTOS - PINTEREST
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Build Your Habit



Mustapha Traore (left) and Jack Solano take a pic after a great workout.

Jack Solano, a rising junior at Rumson Fair Haven High School, is working to be one of the best in the shore next year. “Sophomore season in high school was amazing for me and it showed me exactly what I need to improve on to be prepared coming into my junior year,” says Jack. He is not only performing on the court and in practice but also currently carrying a 3.8 GPA. “I plan to improve my GPA each year and finish strong!” he says.

As Jack continues to learn the value of hard work, he is continuing to properly evaluate himself and build his confidence on a daily basis: “I need to become a stronger finisher, have better stamina, and faster lateral defense.” Mustafa, a business major, is also actively developing himself for the upcoming year. He is a small forward with a broad skill set and we look forward to watching him grow. To see highlights of Jack Solano throughout the years, click below. Special thanks to [Quick 4 Productions llc](#).

[8th grade Reel](#)

[Freshman Reel](#)



U8 Rumson Basketball Team

The U8 basketball season was a pleasure to coach and train. I'd like to thank the parents and the other coaches who helped all season.

David Angstreich, Bill Brindise, Luke Glass, Andrew Nicholas, and Jamal Meeks deserve a big thanks for working together. We are also thankful for the mothers, fathers, and grandparents and that weren't able to coach, but helped make sure their kids were present in practice and games as much as possible.

Our team was comprised of 11 players, which made it a challenge to provide equal playing time.



The kids participated in a training program which developed basic skills that helped them perform during competition, such as stepping to the ball while catching without traveling, boxing out, passing, and dribbling. In addition, they learned to how to conduct themselves in an individual and group setting.



There was a lot of work that went into the boys learning to pass, catch, and score as a team! But the team made it happen! Check out some highlights on our YouTube channel. Please like and share.

[U8 Rumson Raptors Highlights](#)

Extras

Make sure you check out our Pinterest photos of practice, training, and games! [Click Here](#)

Shout out to Brendan Barry - check out his **highlight video** from some early big wins during the season!

For training or video services, please email: findaballer31@gmail.com.

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